



Discover the healthy difference between natural hormone replacement medications and the standard, synthetic medications.

No two persons are alike, and the value of bio-identical hormone replacement therapy is that it can be adapted to fit your individual body and hormone levels. In fact, hormones can be made in a variety of strengths and dosage forms including capsules, topical creams and gels, suppositories and sublingual troches or lozenges.

balance

### IS CUSTOM COMPOUNDING RIGHT FOR YOU?

Ask your Medicine Shoppe® Pharmacist today about the benefits of



## Natural Balance

BIO-IDENTICAL HORMONE REPLACEMENT THERAPY



The Medicine Shoppe  
PHARMACY



# feel confident

Bio-identical  
hormone  
replacement  
therapy

## HORMONE THERAPY DESIGNED SPECIFICALLY TO YOUR BODY

As a specialized compounding pharmacy, we'll work with you and your doctor to design solutions for restoring your natural balance.

# get the facts

Hormone replacement therapy can have incredible benefits for menopausal women with the use of natural, healthy supplements derived from plant hormones that are biologically identical to those naturally occurring in the body. Working with your doctor, we can customize these hormones to your body's unique needs to relieve menopausal symptoms and even slow the progression of age-related conditions such as osteoporosis and heart disease.

### RIGHT FOR ME?

Discuss your interest in our natural hormone therapy with your OB/GYN physician or family doctor. Your doctor will offer informed advice based on your medical history and present health status.

### WHAT FORM?

Our natural hormones are available in capsules, topical creams, vaginal suppositories, injectables, liquids and tablets. Your OB/GYN physician or family doctor can recommend the best form and dosage for you.

### ALTERNATIVES?

Certain herbs may deliver some of the symptom-relief characteristics of our natural hormones — yet they only mimic bio-identical hormones, and therefore may prove ineffective over the short or long term.

### SIDE EFFECTS?

Except in rare cases. Bio-identical hormones are known to have minimal side effects. Because they are derived from naturally occurring plant hormones that are biologically identical to your hormones, they normally restore your body's physical balance. Therefore, when taken regularly according to your doctor's prescription, our natural hormones help maintain health and well-being.

### FEEL CONFIDENT!

Ask your doctor or your Medicine Shoppe® Pharmacist today about our natural hormonal compounding, the healthy way to supplement.