



Pain. It can take the form of a stress-induced headache, or a muscle group strained from sports activities or an injury. For some, pain can be chronic in nature and something you live with daily.

how do you define pain?

**IS CUSTOM COMPOUNDING RIGHT FOR YOU?**  
Ask your Medicine Shoppe® Pharmacist today about the benefits of

**CustomMeds**  
compounded medications for your unique needs

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## Personalized Relief

CUSTOMIZED PAIN MANAGEMENT TREATMENT



**Medicine  
Shoppe®**  
PHARMACY

# Break free, feel better

## THROUGH COMPOUNDING, PAIN RELIEF CAN BE CUSTOMIZED TO YOUR SPECIFIC NEEDS

Pain can be debilitating, whether it's acute muscle or nerve pain resulting from an accident, or a chronic condition such as arthritis or fibromyalgia. Pharmacy compounding is effective in providing relief with potentially fewer side effects and less overall medication.



## Customized pain management treatment



The Medicine Shoppe® Pharmacy specializes in preparing customized pain management treatment to meet your individual needs. Whether you have chronic pain from arthritis, fibromyalgia, migraines, rheumatoid arthritis or a neuropathic condition, we can compound a medicine to assist you and your doctor in developing a pain management program tailored to your specific needs.

### ALTERNATE DOSAGES

Many commonly prescribed pain relief medications help the symptoms associated with chronic conditions, such as arthritis, but they can also result in unwanted side effects. Compounding can provide alternate methods of delivery by combining the ingredients of traditional oral pain medications in a topical gel, cream or spray form that can be applied directly to the site of the pain. For migraine sufferers, pain medication may be administered through nasal sprays or flavoured troches or lozenges.

### COMBINED FORMULATIONS

Often, patients take a variety of medications to manage all the symptoms associated with a disease. On many occasions, these multiple products can be eliminated by a specially prepared compound that combines several medications into a single topical gel, ready to be applied directly to affected areas.

### STRENGTH VARIATIONS

Because patients vary in size, and have different symptoms and pain tolerance, commercially available medications often do not provide an appropriate dosage. Through compounding, a physician and pharmacist can customize a medication to the exact amount needed by the patient.

Ask your physician or pharmacist today about the benefits of personalized compounding.

